

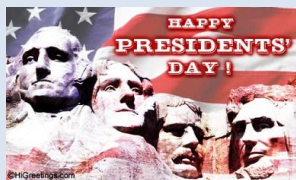











**2023-2024 LUNCH MENU
HIGH & MIDDLE SCHOOL**

FEBRUARY







ELYSIAN FIELDS ISD

MEAL PRICING:		Adult Breakfast \$3.05		Remember to pick up a fruit or vegetable before going to the register.		BREADED CHICKEN TENDERS		FISH SANDWICH		
Student Breakfast \$1.85		Adult Lunch \$4.00			DO NOT WEAR EARPHONES OR EARBUDS IN THE SERVING LINE.		SALISBURY STEAK	1	HAMBURGER (CHEESE)	2
Elem Student Lunch \$2.60		Payments on student's accounts for Meals, A la Cartes/Extras can be made by cash or check at the Serving line register or at: myschoolbucks.com.								
MS/HS Student Lunch \$2.85							SEASONED GREEN BEANS		BAKED BEANS	
A la Cartes are priced at the register.							MASHED POTATOES (GRAVY)		VEGGIE BOAT (RANCH)	
Students may NOT purchase A la Carte items if they have a Negative Cafeteria balance.							CUCUMBER COINS (RANCH)		ASSORTED FRUIT & JUICE	
							ASSORTED FRUIT		CHOICE OF MILK	
							CHOICE OF MILK		COOKIE	
BBQ RIB SANDWICH		CHICKEN QUESADILLA		CHICKEN RICE BOWL		CHICKEN TENDERS		HOT DOG on a bun		
HOMESTYLE CHILI FRITOS		BEEF& BEAN BURRITO -(CHEES		SPAGHETTI & MEAT SAUCE		STEAK FINGERS		HAMBURGER (CHEESE)		9
BAKED POTATO (FIXIN'S)		HOMEMADE SALSA		w/CHEESE FILLED BREADSTICK		WARM DINNER ROLL		REGULAR/SWEET POTATO FRIES		
SEASONED CHILI BEANS		GOLDEN CORN		SWEET POTATO CASSEROLE		SAUTEED' CABBAGE		BAKED BEANS		
FRESH BROCCOLI (RANCH)		GRAPE TOMATOES (RANCH)		CRISP GARDEN SALAD		CHEESY SCALLOPED POTATOES		VEGGIE BOAT (RANCH)		
ASSORTED FRUIT & JUICE		ASSORTED FRUIT		FORTUNE COOKIE		CUCUMBER COINS (RANCH)		ASSORTED FRUIT & JUICE		
CHOICE OF MILK		CHOICE OF MILK		ASSORTED FRUIT		ASSORTED FRUIT		CHOICE OF MILK		
				CHOICE OF MILK		CHOICE OF MILK		COOKIE		
PEPPERONI PIZZA		CRISITOS (CHEESE SAUCE)		HOAGIE SANDWICH w/CHIPS		POPCORN CHICKEN		FISH SANDWICH		16
CHICKEN SANDWICH		TACOS CRUNCHY OR SOFT		TATER TOT CASSEROLE		HOMEMADE MEATLOAF		HAMBURGER (CHEESE)		
SEASONED GREEN BEANS		HOMEMADE SALSA		w/DINNER ROLL		WARM, FLUFFY BISCUIT		REGULAR & SWEET TATER TOTS		
GOURMET POTATO SALAD		SPANISH RICE		BROCCOLI WITH CHEESE		GOLDEN CORN		BAKED BEANS		
CUCUMBER COINS (RANCH)		REFRIED BEANS		CRISP GARDEN SALAD		MASHED POTATOES (GRAVY)		VEGGIE BOAT (RANCH)		
ASSORTED FRUIT & JUICE		GRAPE TOMATOES (RANCH)		CELERY STICKS (RANCH)		FRESH CARROTS (RANCH)		ASSORTED FRUIT & JUICE		
CHOICE OF MILK		ASSORTED FRUIT		ASSORTED FRUIT, MILK		ASSORTED FRUIT		CHOICE OF MILK		
		CHOICE OF MILK		VALENTINES TREAT		CHOICE OF MILK		COOKIE		
		CHICKEN FAJITAS (FIXIN'S)		CHICKEN RICE BOWL		BAKED CHICKEN		BONELESS WINGS		23
19		TACO PIE		CHICKEN SPAGHETTI		STEAK FINGERS		HAMBURGER (CHEESE)		
		TORTILLA CHIPS GUACAMOLE		w/BREADSTICK		WARM DINNER ROLL		REGULAR/SWEET POTATO FRIES		
		HOMEMADE SALSA		BROCCOLI w/ CHEESE		MAC & CHEESE		COLE SLAW		
		PINTO BEANS		CRISP GARDEN SALAD		SEASONED GREEN BEANS		VEGGIE BOAT (RANCH)		
		FRESH CAULIFLOWER (RANCH)		FORTUNE COOKIE		GRAPE TOMATOES (RANCH)		ASSORTED FRUIT & JUICE		
		ASSORTED FRUIT		ASSORTED FRUIT		ASSORTED FRUIT		CHOICE OF MILK		
		CHOICE OF MILK		CHOICE OF MILK		CHOICE OF MILK		COOKIE		
PEPPERONI PIZZA		CRISITOS (CHEESE SAUCE)		MINI CORN DOGS		BREADED CHICKEN TENDERS		Parents, Please monitor your		
ITALIAN MEATBALL SUB		BEEFY NACHOS		BEEFY-CHEESY MAC		SALISBURY STEAK		students breakfast and lunch		
BAKED CHIPS		HOMEMADE SALSA		w/BREADSTICK		WARM-HOMEMADE CORNBREAD		accounts by making an account		
BAKED SWEET POTATO		STREET CORN		STEAMED BROCCOLI		SEASONED GREEN BEANS		at myschoolbucks.com or by		
FRESH BROCCOLI (RANCH)		SPANISH RICE		FRESH CARROTS (RANCH)		MASHED POTATOES (GRAVY)		calling your childs cafeteria.		
ASSORTED FRUIT & JUICE		CELERY STICKS (RANCH)		ASSORTED FRUIT		CUCUMBER COINS (RANCH)		Elem:Francie Corr (903)633-1565		
CHOICE OF MILK		ASSORTED FRUIT		CHOICE OF MILK		ASSORTED FRUIT		H/M: Stacie Fottenbury (903)633-1531		
		CHOICE OF MILK				CHOICE OF MILK		Leanne Blackmore (903)633-1514		

1% White & 1% or Fat-Free Chocolate Milk are offered every day. Most Grains served are Whole Grain or Whole Grain Rich. All Juice served are 100% Juice. Offer vs. Serve regulations are implemented in this school. Menus are subject to change. We try our best to serve the menu we post, however, circumstances beyond our control may require us to make last minute changes. We have a maximum \$25 charge policy. If a student's account goes beyond -\$25.00, they will be offered a low cost reimbursable meal until the balance is paid. Please contact school Secretary, Cafeteria Manager or Child Nutrition Director for a free/reduced meal application. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

<p>MEAL PRICING:</p> <p>Student Breakfast \$1.85</p> <p>Elem Student Lunch \$2.60</p> <p>MS/HS Student Lunch \$2.85</p> <p>A la Cartes are priced at the register.</p> <p>Students may NOT purchase A la Carte items if they have a Negative Cafeteria balance.</p>	<p>Remember to pick up a fruit or vegetable before going to the register.</p>  <p>DO NOT WEAR EARPHONES OR EARBUDS IN THE SERVING LINE.</p> 	<p>Adult Breakfast \$3.05</p> <p>Adult Lunch \$4.00</p> <p>Payments on student's accounts for Meals, A la Cartes/Extras can be made by cash or check at the Serving line register or at: myschoolbucks.com.</p> 	<p>Parents, Please monitor your students breakfast and lunch accounts by making an account at myschoolbucks.com or by calling your childs cafeteria.</p> <p>Elem: Francie Corr (903)633-1565</p> <p>H/M: Stacie Fottenbury (903)633-1531</p> <p>Leanne Blackmore (903)633-1514</p>	<p>FISH SANDWICH</p> <p>HAMBURGER (CHEESE)</p> <p>REGULAR & SWEET TATER TOTS</p> <p>BAKED BEANS</p> <p>VEGGIE BOAT (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p> <p>COOKIE</p>
<p>BBQ RIB SANDWICH</p> <p>HOMESTYLE CHILI FRITOS</p> <p>BAKED POTATO (FIXIN'S)</p> <p>SEASONED CHILI BEANS</p> <p>FRESH BROCCOLI (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p>	<p>CHICKEN QUESADILLA</p> <p>BEEF& BEAN BURRITO -(CHEESE)</p> <p>HOMEMADE SALSA</p> <p>GOLDEN CORN</p> <p>GRAPE TOMATOES (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>CHICKEN RICE BOWL</p> <p>SPAGHETTI & MEAT SAUCE</p> <p>w/CHEESE FILLED BREADSTICK</p> <p>SWEET POTATO CASSEROLE</p> <p>CRISP GARDEN SALAD</p> <p>FORTUNE COOKIE</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>CHICKEN TENDERS</p> <p>STEAK FINGERS</p> <p>WARM DINNER ROLL</p> <p>SAUTEED' CABBAGE</p> <p>CHEESY SCALLOPED POTATOES</p> <p>CUCUMBER COINS (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>HOT DOG on a bun</p> <p>HAMBURGER (CHEESE)</p> <p>REGULAR/SWEET POTATO FRIES</p> <p>BAKED BEANS</p> <p>VEGGIE BOAT (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p> <p>COOKIE</p>
				
<p>PEPPERONI PIZZA</p> <p>CHICKEN SANDWICH</p> <p>SEASONED GREEN BEANS</p> <p>GOURMET POTATO SALAD</p> <p>CUCUMBER COINS (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p>	<p>CRISPITOS (CHEESE SAUCE)</p> <p>TACOS CRUNCHY OR SOFT</p> <p>HOMEMADE SALSA</p> <p>SPANISH RICE</p> <p>REFRIED BEANS</p> <p>GRAPE TOMATOES (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>HOAGIE SANDWICH w/CHIPS</p> <p>TATER TOT CASSEROLE</p> <p>w/DINNER ROLL</p> <p>BROCCOLI WITH CHEESE</p> <p>CRISP GARDEN SALAD</p> <p>CELERY STICKS (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>POPCORN CHICKEN</p> <p>HOMEMADE MEATLOAF</p> <p>WARM, FLUFFY BISCUIT</p> <p>GOLDEN CORN</p> <p>MASHED POTATOES (GRAVY)</p> <p>FRESH CARROTS (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>FISH SANDWICH</p> <p>HAMBURGER (CHEESE)</p> <p>REGULAR & SWEET TATER TOTS</p> <p>BAKED BEANS</p> <p>VEGGIE BOAT (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p> <p>COOKIE</p>
<p>STEAK & CHEESE TOASTER</p> <p>GRILLED CHEESE SANDWICH w/YOGURT</p> <p>TOMATO SOUP</p> <p>SWEET GREEN PEAS</p> <p>CUCUMBER COINS (RANCH)</p> <p>ASSORTED FRUIT & JUICE</p> <p>CHOICE OF MILK</p>	<p>CHICKEN FAJITAS (FIXIN'S)</p> <p>TACO PIE</p> <p>TORTILLA CHIPS GUACAMOLE</p> <p>HOMEMADE SALSA</p> <p>PINTO BEANS</p> <p>FRESH CAULIFLOWER (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>CHICKEN RICE BOWL</p> <p>CHICKEN SPAGHETTI</p> <p>w/BREADSTICK</p> <p>BROCCOLI w/ CHEESE</p> <p>CRISP GARDEN SALAD</p> <p>FORTUNE COOKIE</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	<p>BAKED CHICKEN</p> <p>STEAK FINGERS</p> <p>WARM DINNER ROLL</p> <p>HOMEMADE MAC & CHEESE</p> <p>SEASONED GREEN BEANS</p> <p>GRAPE TOMATOES (RANCH)</p> <p>ASSORTED FRUIT</p> <p>CHOICE OF MILK</p>	 <p>NO SCHOOL</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRENCH TOAST w/SAUSAGE PATTY WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	PANCAKE BITES WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	SAUSAGE/EGG/CHEESE CROISSANT WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	PANCAKES W/ SAUSAGE PATTY WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	BREAKFAST PIZZA WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK
SAUSAGE BISCUIT WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	CHICKEN & WAFFLE WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	PANCAKE & SAUSAGE ON A STICK WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	SCRAMBLED EGGS W/CHEESE TOAST & SAUSAGE WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK	BREAKFAST PIZZA WG PASTRY w/ YOGURT ASSORTED CEREAL w/ TOAST ASSORTED FRUITS & JUICES CHOICE OF MILK
BREAKFAST ENTREES WILL ALTERNATE EVERY OTHER WEEK 	3 FLAVORS OF 100% JUICE OFFERED DAILY 	3 kinds of Toast to choose from: Cinnamon Cheese 	Remember... to pick up your fruit and juice before going to the register. 	HAVE A SAFE AND HAPPY WEEKEND! 
Week 1 Menu: Aug. 14, 28, Sept. 11, 25, Oct. 9, 23 Nov. 6, 20, Dec. 4, Jan. 8, 22, Feb. 5,	Week 2 Menu: Aug. 21, Sept. 18, Oct. 2, 16, 30, Nov 13, 27, Dec 11 Jan. 15, 29 Feb. 12, 26	Breakfast Meal Pricing: Student: \$1.85 Adult: \$3.05 	Cafeteria Managers: Elem: Francie Corr (903)633-1565 Email: mary.corr@efisd.org H/M: Stacie Fottenbury (903)633-1531 Food Service Director: Leanne Blackmore (903)633-1514 Email: myblackmore@efisd.org	Parents, Please monitor your students breakfast and lunch accounts by making an account calling your childs cafeteria.

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