



ELYSIAN FIELDS INDEPENDENT SCHOOL DISTRICT

Preparing Students Today for Success Tomorrow

2099 FM 451 Waskom, Texas 75692 903-633-2420

School Health Advisory Council Annual Report 2022 - 2023

Authority: Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Elysian Fields Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal).

Purpose: The SHAC is an advisory body, and shall serve to review, provide guidance, and make recommendations regarding health and safety issues within the District to the Board of Trustees. The SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes; through a coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness.

Responsibility: Policy BDF {legal} requires that the board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the district who are not employed by the district. The SHAC shall meet at least four times each year. A minimum of five members must be appointed to serve on the SHAC by the Board of Trustees. A parent must serve as a co-chair. SHAC must deliver an annual report to the Board of Trustees.

Meetings held: August 24, 2022, November 9, 2022, January 18, 2023, and March 8, 2023

School Members: Tracey Smith, Jayme Hammontree, Kara Roos, Stacie Fottenbury, Randi Searle, Leanne Blackmore, Cristie Vickers, Linda Lewis, Lynette Pierce, Krystal Woodley, Monica Simmons, Jana Sims, Tina Parker, Ashley Oden, Tori Stoute, and Brooke Michel

Parent Members: Madison Collier, Bethany Tiller, Justina Boone, Janice Laurent, Byron Hutson, Hannah Hutson, Jacqueline Jansen, Sherry Adams, Bobbi Brooks,

Other Members: Louraiseal McDonald and Charlotte Robinson

Activities of the 2022-2023 SHAC:

- ESTEEM Parent Night



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- “Just Say Yes” speakers Gabe Salazar and Tory Grant (topics covered - bullying prevention, dealing with conflict, kindness, respect, and doing what is right when no one is watching)
- Flu Shot Clinic
- Vitamin Shots (B-12 & Lipo C) for staff
- Red Ribbon Week
- YAM Sessions (Youth Aware of Mental Health)
- Bood Drive
- TCHATT (Texas Child Health Access Through Telemedicine)
- Walk Across Texas
- Random Acts of Kindness Week
- Recognized HART (Health Ambassadors for a Ready Texas) Ambassadors
- Vaping Presentation
- Fentanyl Presentation
- Adopted new ESTEEM and CATCH Health Curriculum
- Honored Izzy Brown as a National Contest Winner (You Are What You Eat)
- Kids Heart Challenge raised \$2,445.00

2023-2024 SHAC Goals:

1. Increase the communication throughout the district as to the function of the SHAC.
2. Review current vaping education and install vape detectors in restrooms and locker rooms.
3. Monitor and review implementation of the new Health curriculum.
4. Offer training for parents regarding social media safety and/or materials for reducing screen time.